



July 29, 2009

Strawberry Fields Forever

V8 Fresh Fruit Facial at Naz Kupelian Salon



You get compliments on your melons and buns and are often told you look good enough to eat.

Keep your body buffet in check by sampling the V8 fruit facial from the Naz Kupelian Salon.

Perfect for the chemically sensitive (or knocked up), the treatment uses custom-blended masks made exclusively from fresh fruits and veggies.

Make your appointment days ahead of time and spill the beans about your skin type. Each concoction gets mashed by hand and is given time to ferment in the fridge.

Our first course of pureed pineapple, strawberry, milk, and honey was slathered on while refreshingly icy cucumber and strawberry slices were placed on our pressure points. After the amino acids did their exfoliating thing, we moved to a moisturizing mask of avocado and almond, olive, and sunflower seed oils. Then the aesthetician finished with a relaxing hair treatment and scalp massage.

Such a peach.

Available at Naz Kupelian Salon, 311 Woburn Street, Lexington (781-676-7791 or nazkupeliansalon.com). [MAP IT](#)

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