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Tips for sexy beach waves from celebrity hairstylist Naz Kupelian



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Slideshow: Beach waves



Beach waved hair is perfect for that next summer escape and celebrity hairstylist Naz Kupelian has some great tips for creating sexy beach waves for pin straight or wavy hair. The elite Rusk Platform Artist and owner of the Naz Kupelian Salon located in Massachusetts recently released his tips on forming this natural summer look at home without spending hours at the shore.

Beach waves were made popular a few years back as a naturally occurring hairstyle resulting from a day at the beach. Products such as Soy Renewal Beach Spray with replenishing Argan oil and sea salt from Sexy Hair have been developed to create a wave that feels like the hair has been affected by the ocean air while looking as if it has been professionally styled. Naz Kupelian's tips for straight her utilizes his own products, Foaming Sea Silk Mousse or his CBreeze Salt.

For straight hair, apply either the Sea Silk Mousse to wet hair or the CBreeze Salt to damp hair and follow Kupelian's directions.

Flip the hair over and blow dry to add volume to roots. Twist large sections of hair from the bottom until there is tension; this creates smoothness before using the curling iron. Separate hair into four sections and apply Naz Switch It Hairspray onto areas that will be curled. Wrap about three inch sections of hair around the barrel of a curling iron, with the barrel about three inches from roots. Continue curling around the head until done. Apply the Naz Kupelian Switch It with the medium setting, and scrunch hair with fingers.

For wavy hair, Kupelian suggests to enhance the waves in the hair use <u>RUSK Being Sexy Mousse</u> from root to ends to control frizz while adding body. It contains Argan oil to control frizz and flyaways, and then finish with <u>RUSK Being Sexy Hair Spray</u>.

Don't have time to iron in waves? Then try this little time saving trick: apply <u>Sexy Hair's Soy Renewal Beach Spray</u> to hair that has been blown dried with the fingers, about 70%. Tightly wrap the hair into a ponytail, and then twist into a bun. Apply makeup, get dressed and whatever else needs to be done before leaving the house (the longer the hair stays in the bun, the wavier it will become). Untie the hair and scrunch in a waxy paste, such as <u>Rusk's Being Wild Paste</u>, and voilà, instant beach waves, without the time of an iron.