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Photographs by Laura Tilghman; Hair and makeup by Elizabeth Chaney, #elizabethchaney.com; Model: Anna Mueller for Sims Model Management

AN APPLE A DAY

Maybe Eve was on to something when she took a bite of that apple. The fruit known to keep the doctor away is taking a bite out of the beauty industry, thanks to its power in fighting skincare woes from wrinkles to acne. The crisp, juicy varieties are chock-full of good-for-your-skin ingredients, such as harvested stem cells, which aid in skin regeneration; malic acid, a natural alpha-hydroxy acid; and quercetin, a flavonoid, to preserve a youthful complexion. Here are three of our favorites that harness the power of apples:

1 Elite Therapeutics Platinum Crème uses apple stem cells to reduce size, depth and intensity of wrinkles. \$195, elitetherapeutics.com

2 Pamela Bond Skin Fitness Apple Fruit Nightzyme is formulated with apple-derived malic acid to promote cellular renewal and exfoliation and works while you sleep to smooth away surface wrinkles and to firm skin. \$68, pamelabond.com

3 SUPER by Dr. Nicholas Perricone Free Clean is a gentle cleanser for oily and acne-prone skin that blends apple quercetin, malic and lactic acids to help hinder breakouts. \$30, skinstore.com



Hungry? Go red! Red Delicious apples have the most antioxidant power in the apple family!



A FAB COLLAB!

MUFE meets MDNA. Let us explain. Madonna's longtime makeup artist Gina Brooke has collaborated with cult-brand Make Up For Ever (MUFE) to create a show-stopping red lip color — Aqua Rouge #8 — specifically for the Material Girl to wear on her upcoming MDNA tour. Brooke, a beauty-industry vet, fell in love with Make Up For Ever's long-wearing lip formula and worked to create a bold red hue that exudes confidence and beauty, just like her famous client. Sweat-, dance- and smudge-proof, Aqua Rouge #8 is a true red that is universally flattering on all skin tones and provides the coverage of a lip stain with the shine of a gloss. Also in the collection: Aqua Shadow #0E in black, a jumbo eye shadow pencil that, like the Aqua Rouge, can be applied in a flash and doesn't require touch-ups — even after rigorous activity. Aqua Rouge #8, \$24, and Aqua Shadow #0E, \$20, sephora.com.

Avoid pigment overstaying its welcome: If you're a blonde, don't wet hair before chalking!



GO AHEAD AND STREAK. WE DARE YOU.

Searching for a new look without too much commitment or cash? Then give chalking a try. A new way to streak strands, this simple trick adds a burst of head-turning, temporary color at the hand of good old-fashioned chalk. From ombre to dip-dyed tips, hair chalking is a fun way to achieve haute hues that easily wash out with shampoo at the end of the day. We turned to Rusk Stylist Naz Kupelian for some DIY tips on how to rock the look loved by celebrities such as Katy Perry, Nicki Minaj and Lauren Conrad.

Kupelian's Chalk Chat

- 1 Section off the hair. (Darker hair colors may need to dampen hair.)
- 2 While wearing a pair of gloves, twist the sectioned pieces and rub the desired chalk color over the strands. (Make sure to use pastel — not oil-based — formulas.)
- 3 Feel free to be bold and use more than one color. Just remember, when layering colors, begin with the lightest color first.
- 4 Dry the chalked pieces with a blow dryer or flat iron to set the color.
- 5 To remove, simply shampoo and condition as usual.

Check out these chalks to get the look Beyond The Zone Color Buzz, \$9 sallybeauty.com

